



Active Living & Healthy Built Environment Workshop

Planning for active and healthy communities

Active Living NSW invites you to attend *Planning for active and healthy communities* — a workshop aimed at facilitating the planning of active and healthy communities via local council's Integrated Planning and Reporting (IP&R) Framework. This framework requires councils to undertake long, medium and short term planning to prepare Community Strategic Plans, four year Delivery Programs, and annual Operational Plans. By incorporating active living, healthy built environment and healthy eating principles within the IP&R framework; town planning, infrastructure, transport and health professionals can take positive and proactive steps to improve the health of their local communities.

For more information on how you can improve the health of your community using the IP&R framework visit www.nswpcalipr.com.au

WORKSHOP DETAILS

Tuesday 1 May 2018

10:00am—3:00pm

(Registration from 9:30am)

Penrith City Council,
Nepean Room, 601 High St,
Penrith



For further information: visit
www.activelivingnsw.com.au

PENRITH
CITY COUNCIL

AGENDA

10:00am	Registration and morning tea on arrival	
10:15am	Official Welcome and Statement of Recognition	Councillor Tricia Hitchen Deputy Mayor, Penrith City Council
10:20am	Introduction, Objectives and Program	Vanessa Burow , Manager, Active Living NSW Dr Danny Wiggins , Workshop Facilitator
10:30am	Keynote address: <i>Health and the Built Environment</i>	Dr Jennifer Kent Research Fellow, The University of Sydney School of Architecture, Design and Planning
11:00am	Penrith Health Action Plan (PHAP) An agreement focusing on health promotion and the prevention and early intervention of health issues.	Monique Desmarchelier Health Strategy Officer, Penrith City Council Helle Henriksen Manager Policy and Performance Population Health, Nepean Blue Mountains Local Health District Kate Tye Senior Manager, Populations in Focus, Nepean Blue Mountains Primary Health Network
11.25am	Penrith City Council's Cooling the City Strategy	Carmel Hamilton Sustainability Coordinator, Penrith City Council
11.40am	Presenter Q&A and panel discussion Participants: Dr Jennifer Kent, Helle Henriksen, Monique Desmarchelier, Kate Tye, Carmel Hamilton	Facilitated by Dr Danny Wiggins
12:00pm	Lunch, tea and coffee provided	
12.45pm	Healthy Active by Design	Laura Oakley Heart Foundation
12.55pm	Measuring and reporting on HEAL outcomes through IP&R	Karen Legge Karen Legge Consulting
1.20pm	Healthy eating & active living principles within NSW local government: a baseline of Community Strategic Plans & selected Delivery Programs	Jan Fallding Strategic and Social Impact Planner
1:35pm	Group Work: HEAL and the IP&R Framework Active Living and Healthy Eating Online Resource	Participants
2:15pm	Groups Report Back	
2:50pm	Where to from here? Take Home Messages and Conclusions	Dr Danny Wiggins
3:00pm	Forum close	