

PREMIER ' S COUNCIL FOR ACTIVE LIVING BULLETIN

Welcome to the Premier's Council for Active Living (PCAL) Bulletin

The purpose of the bulletin is to provide people interested in promoting active living choices within NSW with relevant up-to-date news and research. The monthly bulletins will focus upon material applicable to the broad range of NSW agencies represented on PCAL and will be archived on the PCAL website at: www.pcal.nsw.gov.au. If you wish to receive the PCAL Bulletin please write SUBSCRIBE in the subject area and email pcal@heartfoundation.com.au

Designing Places for Active Living Planning Seminar

A seminar describing how Active Living Principles can be incorporated into planning and design is scheduled for the evening of May 2, 2007 in Sydney from 6:00— 8:30pm. The seminar will be lead by Assoc Professor Susan Thompson, Head of the Faculty of Built Environment UNSW, and would be suitable for town planners, traffic and civil engineers, road and community safety officers, architects and urban designers, developers and local health community workers and any other interested professionals. The seminar is a collaboration between the Planning Institute of Australian (NSW Division) and PCAL. For further information see: <http://203.147.162.100/pia/events/default.asp>.

Premier's Sporting Challenge

The Premier has announced the introduction of the 'Premier's Sporting Challenge' to every school in NSW by 2010. Activities within the challenge include an anti-sledging and sports leadership program, encouraging kids to spend less time playing video games, upgrading of sports facilities and the supply of further sporting equipment to NSW schools. See: <http://abc.net.au/news/stories/2007/02/24/1856075.htm> for more information.

Participation in Recreation by Culturally & Linguistically Diverse Women

Researchers from the Australian Social Policy Research Centre have investigated factors that may influence participation of culturally and linguistically diverse women in sport and recreation. The report outlines current participation rates by CALD women and then describes socio-cultural, access, resource and interpersonal constraints. Existing policies and programs that promote inclusion conclude the report. For further information see: http://www.sprc.unsw.edu.au/reports/Participation_in_Sport_by_CALD.pdf

Short trip bicycle hire for Sydney?

Sydney is taking a hint from Europe and considering a massive project that could link the CBD transport grid with a network of free bicycle-borrowing stations. The ambitious eco-friendly proposal—similar to one recently approved for construction in Paris—would cut traffic, combat global warming and help reduce public transport pressures. In Paris thousands of rental bikes will be available for use at hundreds of high-tech bicycle stations located in key parts of the city. A user will be able to rent a bike at a small fee, and then ride it to any station in the city and drop it off. For more information see: <http://currentaffairs.ninemsn.com.au/article.aspx?id=256968&print=true>

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