Dear Subscriber,

Welcome to the PCAL monthly bulletin.

This news bulletin reports up to date news and research of interest to people who want to promote active living choices in NSW.

Previous bulletins are archived on the [PCAL website](http://email.ibox.com.au/t/ViewEmail/r/8426B5066E5533DA/AB5666DC97ECF434F6A1C87C670A6B9F 1/2)

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**Articles**

**Premier announces Geoff Huegill as new PCAL Chair**

NSW Premier, Barry O'Farrell has announced Australian Olympic and World Champion swimmer Geoff Huegill as the new PCAL Chair. The Premier has also directed PCAL to expand its work to include raising awareness and population level behaviour change of healthy eating as well as physical activity in NSW.

**NSW Auditor General report of physical activity in schools**

The NSW Auditor General has released a report summarising current adherence to NSW school policy of incorporating two hours of planned physical activity within the weekly curriculum. The report found that approximately 70% of schools were meeting policy requirements, acknowledged the department offered quality programs to schools such as the NSW Premier’s Sporting Challenge but the quality of physical activity instruction varies between schools and teachers.

**Green Star Communities Pilot Rating Tool released**

The Green Building Council of Australia (GBCA) has released its [Green Star – Communities Pilot Rating Tool](http://email.ibox.com.au/t/ViewEmail/r/8426B5066E5533DA/AB5666DC97ECF434F6A1C87C670A6B9F 1/2) to evaluate the sustainability attributes of development projects at a precinct, neighbourhood and/or community scale. The pilot includes a Healthy and Active Living Credit. To achieve points in this credit, a project must be prepared in accordance with a planning tool such as the [PCAL Developer's Checklist](http://email.ibox.com.au/t/ViewEmail/r/8426B5066E5533DA/AB5666DC97ECF434F6A1C87C670A6B9F 1/2).

**Western Sydney Active Living Case Study – Glenmore Ridge**

Glenmore Ridge is a new Western Sydney residential development designed as a demonstration project with a specific focus on...
community development and health and well being. PCAL has prepared a case study and brochure summarising how the project's developer utilised the PCAL Developer's Checklist to complete a self assessment of the projects active living design elements in accordance with the GBCA Pilot Active Living Credit.

Health and Wellbeing Objective recommended for Victorian Planning Act

A Victorian Parliamentary inquiry into the impacts of environmental design upon public health has recommended a number of healthy planning provisions including; health and wellbeing must be incorporated into planning legislation, statutory rules, regulations and policy approaches including the 'promotion of environments that protect and encourage public health and wellbeing as an objective of the revised Victorian Act'.

BikeScore introduced to measure a City's bike friendliness and riding in the Northern Beaches of Sydney

Walkscore has been expanded to include BikeScore as a measure of the bike friendliness of a city. The NSW Bicycleinfo website has recently added a number of videos of cycle commuting in Sydney including this Northern Beaches to Sydney/North Sydney ride.

What a walkable city looks like

Take this Google street view short walk of two Copenhagen blocks as a great example of desirable walking amenity.

Australian physical activity calendar of events

The newly released Physical Activity Calendar of Events provides a list of public and corporate physical activity events in Australia. Events range from light walking and cycling through to more challenging activities to accommodate all fitness levels and ages.

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