

Delivering active & healthy communities at the local level

Project Summary February 2019

Active Living NSW is a **partnership** between NSW Ministry of Health and the National Heart Foundation to support the physical activity and healthy built environment deliverables of the [NSW Healthy Eating and Active Living Strategy](#) (HEAL).

Active Living NSW has appointed Dr. Danny Wiggins (consultant) to produce a **guide** to assist councils and other stakeholders in continuing to integrate the key elements of '**active living and healthy eating**' into council strategic plans and processes.

A key element of this project is the coordination of the wealth of key guidelines and policies in NSW (and other States), with advice on how they relate to strategic plans and processes, including:

- 'whole-of-council' **Integrated Planning and Reporting Framework** (IPRF), with a focus on the Community Strategic Plan (CSP).
- **strategic land-use planning**, including local strategic planning statements (LSPS), local environmental plans (LEPs) and development control plans (DCPs).
- relevant **strategies**, related to HEAL, such as Local Health plans, Open Space and Recreation, Active Travel, Housing, Centres, Local Infrastructure and Development Contribution plans and other strategies.

As an **action-orientated guide** it will:

- clarify roles and responsibilities of various disciplines, agencies and stakeholders;
- focus on actions lining-up with State priorities;
- assist in coordinating between strategies and in identifying gaps in specific strategic issues and policies;
- provide worked examples; and
- address appropriate methods and processes for continued engagement between councils, local health districts, and other stakeholders.

Dr. Danny Wiggins will be producing the draft and final guide. The draft document will underpin the **second capacity building phase of the project**, including four state-wide capacity building workshops (May-October 2019) to be facilitated by Danny. The guide will be informed by the reflections, outcomes and feedback from round-table discussions, capacity building workshops and other stakeholder consultation and be finalised by the end of 2019 for ongoing use by stakeholders.

If you have any queries on this project, please email Vanessa Burow, Manager Active Living NSW at Vanessa.Burow@heartfoundation.org.au

